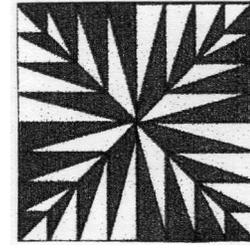


Traditional coloration

***Palm Leaf  
Supply List  
Peggy Martin, Instructor  
www.peggymartinquilts.com***



Positive/negative coloration

Wall Quilt: 32" x 32"  
Unit Size: 6"; 4-Unit Block Size: 12"

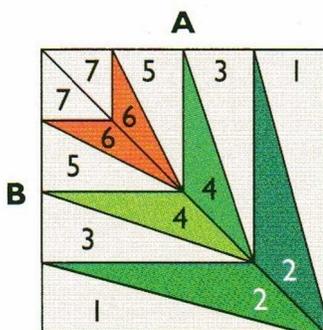
The Palm Leaf is a traditional block and is pieced very quickly using Quick-Strip Paper Piecing, an assembly-line method of paper piecing on strips. You will begin by working on four Palm Leaf units during class. Supply list below includes yardage for 16 Palm Leaf blocks to make the "Christmas Cactus" wallhanging, as well as yardage for one "Cactus Tree" block variation.

***Check out my website, [www.peggymartinquilts.com](http://www.peggymartinquilts.com) and click on workshops, then "Palm Leaf" to see quilts using this block in color, or look in my book, "Paper Piece the Quick-Strip Way" pages 53-61 to see The "Christmas Cactus" and "Cactus Tree" quilts. All skill levels.***

***Supplies:***

- Spray starch (see below; use on fabric before cutting strips before class)
- Rotary cutter, mat and ruler
- Sewing machine, with extension worktable if you have it; size 80 or 90 needles for paper piecing
- Open-toed foot or satin stitch foot if you have it, plus regular foot for 1/4" seams
- Neutral sewing thread to blend with your fabrics
- Fabric scissors and paper scissors, pins, seam ripper and other basic sewing supplies
- Paper grocery bag for your trash and trimmings
- Iron and ironing board or surface (optional, these can be shared)
- Piece of muslin or other light-colored fabric to protect ironing surface from ink of foundation papers

Spray starch fabric, then cut strips from the table for the option you choose, below or on page 2. If you are unsure of your fabric choices, you can bring fabrics to class and cut strips there, if you choose. **Because fabric varies in width, be sure to bring along all your fabrics in case you need to cut an extra strip or two.** There is often time for you to work on an additional block, so bringing along all your fabrics is a good idea!



***Palm Leaf - Traditional Coloration for "Christmas Cactus" quilt***

***Yardage:*** The yardage below is for sixteen 6" Palm Leaf units for a wallhanging size and is geared for a scrappy look - you could just select one green and one red if you want to repeat your fabrics from block to block, or choose a different coloration as you wish.

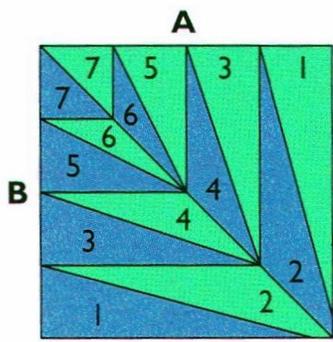
***All strips are cut from selvage to selvage (about 40" long).  
Numbers in chart below refer to areas on the numbered block at left.***

**Fabric**

- Background:*** 1 1/4 yards
- Assorted Green Fabrics:*** 1 yard total
- Assorted Red Fabrics:*** 3/8 yard total
- Border and binding:*** 1 yard
- Backing:*** 1 1/8 yards

**Strips to cut for 16-block wall quilt: 32" x 32"**

- 16 - 18 strips 2 1/4"
- 12 strips 2" (total)
- 4 strips 2" (total)
- 4 Strips 4 1/2" for border; 4 strips 2" for binding



***Palm Leaf - Positive/Negative Coloration for "Cactus Tree" quilt***

***Yardage:*** The yardage below is for four 6" Palm Leaf units, which will make one 12" positive/negative block. I made 12 blocks for my quilt, but you could make any number of blocks you choose.

***Numbers in chart below refer to areas on the numbered block at left. All strips are cut from selvage to selvage (about 40" long). All strips are cut 2 1/4" for this variation to avoid confusion and to allow more sharing of strips for different areas.***

***Note: You will very probably have time to make more than one block, so it is a good idea to bring along an additional two fabrics to start on another block, if you wish, (along with your extra fabric for the first block.)***

Fabric for one 12" block

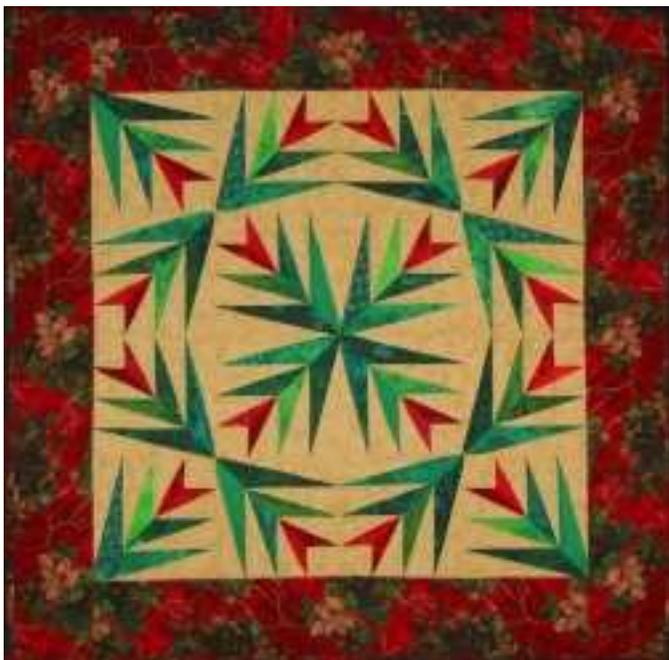
Strips to cut for one 12" block

Fabric 1 (light value) 3/8 yard  
(Areas A: 1, 3, 5, 7, and B: 2, 4, 6)

4 strips 2 1/4"

Fabric 2 (dark value) 3/8 yard  
(Areas A: 2, 4, 6, and B: 1, 3, 5, 7)

4 strips 2 1/4"



***"Christmas Cactus" Quilt, 32" x 32"***  
***16 Palm Leaf Units***  
***Traditional coloration***



***"Cactus Tree" Quilt, 51" x 65"***  
***Twelve 12" blocks***  
***Positive/Negative coloration***