



**Sailor's Delight Workshop Supply List**  
**Block Size: 12"** Peggy Martin, Instructor  
[www.peggymartinquilts.com](http://www.peggymartinquilts.com)

Sailor's Delight is a simplified Mariner's Compass, sewn with octagon wedges and no circles! Learn to sew this fun and easy block with Quick-Strip Paper Piecing, an assembly-line method of paper piecing on strips. A variety of settings and projects will be presented in class, using one block or multiple blocks, including wallhangings, table runner and placemats. Block patterns provided in class.



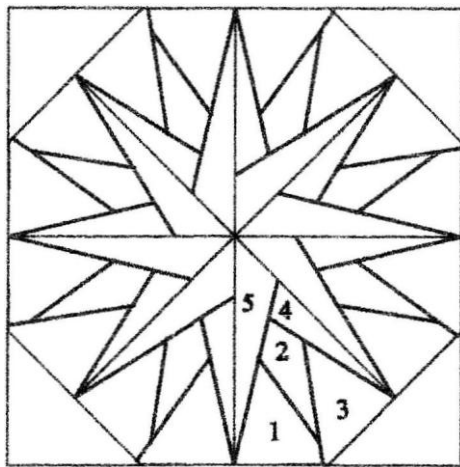
Woven variation

**Supplies:**

- Spray starch (see below; use on fabric before cutting strips before class)
- Rotary cutter, mat and ruler
- Sewing machine, with extension worktable if you have it; size 80 or 90 needles for paper piecing
- Open-toe foot or satin stitch foot if you have it, plus regular foot for 1/4" seams
- Neutral sewing thread to blend with your fabrics
- Fabric scissors and paper scissors, pins, seam ripper and other basic sewing supplies
- Paper grocery bag for your trash and trimmings
- Iron and ironing board or surface (optional, these can be shared)
- Piece of muslin or other light-colored fabric to protect ironing surface from ink of foundation papers

**Before class:** Spray starch fabrics and cut strips from the chart below to be ready for sewing.

If you are unsure of your fabric choices, bring a variety of fabrics to class and select which ones you would like to use and cut strips during class.



corner triangle

**Sailor's Delight 12" block**

*Numbers below correspond to the numbered block pictured. Cut strips ahead of time to be ready for sewing.*

**IMPORTANT!! Be sure to bring along the remaining yardage from listed amounts to have your extra fabric in case you need it – mistakes can happen!**

*Check out my website, above, and click on workshops to see the block in different colorations and block arrangements. See page 2 for more block design options to show you where each color will appear in different colorations*

**Note: All strips are cut from selvage to selvage, about 40" long**

**Fabrics for one 12" block:**

- #1 and #3: Background: 1/2 yard
- #2 Small points: 1/4 yard
- #4 Medium points: 1/4 yard
- #5 Long points: 1/4 yard of 1 or 2 fabrics

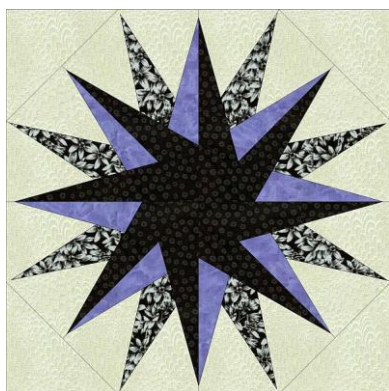
**Cut:**

- 2 or 3 strips 3"; Corner triangles, cut 2 squares 4 1/2"\*
- 1 or 2 strips 2"
- 1 or 2 strips 2" (or cut 2 1/4" for woven variation to also use for #5)
- cut 2 strips 2 1/4"

\* Corner square may also be cut from a different fabric if desired.

**See page 2 for block design options to show you where each color will appear in different colorations.**

*Sailor's Delight Workshop Block Design choices*  
*Peggy Martin, Instructor*



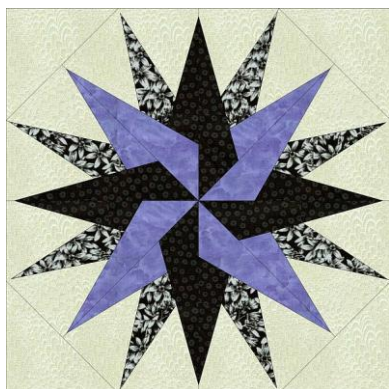
**Option 1: 3-color Mariner's Compass**

Background plus 3 point fabrics

- All 8 wedges the same
- #1 and #3 background
- #2 small point (black & white print)
- #4 medium point (medium fabric)
- #5 long point (dark fabric)



Wedge  
Make 8



**Option 2: Woven**

Background plus 3 point fabrics  
 #1 and #3 background, both A & B  
 #2 small point (B&W print), both A&B

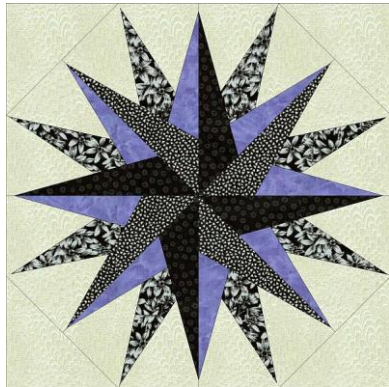
- Make 4 of wedge A: Med. #4, Dark #5
- Make 4 of wedge B: Dark #4, Med. #5
- (Cut strips for both #4 and #5 at 2 1/4")
- Alternate wedges when sewing block together to create woven effect



Wedge A  
Make 4



Wedge B  
Make 4



**Option 3: 4-color Mariner's Compass**

Background plus 4 point fabrics  
 #1 and #3 background both A & B  
 #2 small point (b & w print) both A&B  
 #4 same fabric in both A&B  
 Long point #5, alternate 2 different fabrics:

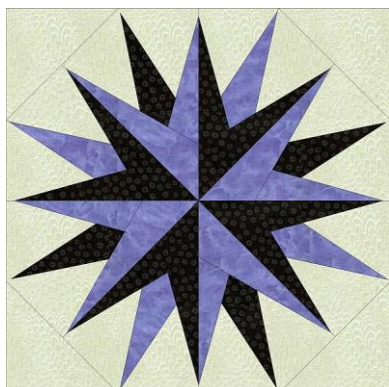
- Wedge A: Make 4 wedges dark #5
- Wedge B: Make 4 wedges medium #5
- Alternate wedges when sewing blocks together



Wedge A  
Make 4



Wedge B  
Make 4



**Option 4: 2-color positive/negative**

Background plus 2 point fabrics  
 #1 and #3 background  
 Alternate 2 fabrics in all point positions  
 Wedge A: make 4 med. #2, dark #4 and #5  
 Wedge B: make 4 dark #2, med. #4 and #5

Alternate wedges when sewing blocks together



Wedge A  
Make 4



Wedge B  
Make 4